

New Publication Discusses Film and the Meaning of Life

The existential nature of humanity is explored through a new publication, *Movies and the Meaning of Life*, featuring the most profound films in cinematic history.

Bauu Press is pleased to announce the publication of [*Movies and the Meaning of Life*](#) by Wayne Omura. Commenting on the publication, Bruce Kaurin, author of *Mindscreen* and *How Movies Work*, notes, “In this introductory guidebook, Omura puts some very interesting films together in a meaningful order. As we consider these films with him, we are encouraged to relate them to deep questions about life.”

The movie is a vicarious experience. It is a substitute for so-called “real” life. And yet, this illusion can move one’s soul. It can place one on the beaches of Normandy with shells exploding and bullets whizzing through the air. It can place one on another planet facing alien forms of intelligent life. The movie is a fantasy, a distilled form of imagination. We know where we are physically in reality. But if a movie is good, our mind is somewhere else. And if a movie is excellent, our spirit has also been released. On some occasions a movie can be incredible. In such an instance our soul can be transformed. These incredibly transformative movies form the core of [*Movies and the Meaning of Life*](#): movies that convey visions of the meaning of life. They are the most profound films in cinematic history.

Suranjan Ganguly, Associate Professor of Film Studies, University of Colorado, stated, “Wayne Omura’s book provides succinct descriptions of the films he considers to be the most evocative of the human condition. A useful guide for all film lovers and those who wish to discover the enigma of living life through the movies.”

[The Bauu Institute and Press](#) is a research institute and publishing company. Since 1998 the Institute has conducted a wide range of environmental, psychological, and social science projects, as well as publishing a wide array of books.

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